



SOULISTIC

FEED YOUR CAT'S SOUL

ORIGINAL RECIPES

NUTRITION INFORMATION



CALORIES AND METABOLIZABLE ENERGY (ME) PROFILE

Calories come from 3 places: protein, fat and carbohydrates.

ME Profile measures the percentage of calories coming from protein, fat and carbohydrates.

CANS	Protein	Fat	Carbs	Calories (3.0 oz)	Calories (5.5 oz)	Calories (10 oz)
Shrimply Divine	65.0%	26.5%	8.4%	60	108	
Double Happiness	61.0%	26.6%	12.4%	63	115	
Pure Bliss	53.6%	27.3%	19.1%	72	131	240
Aqua Grill	45.0%	31.1%	23.8%	67	124	
Good Karma	51.3%	27.1%	21.5%	72	131	233
Nautical Nirvana	55.1%	25.3%	19.6%	77	140	255
Sweet Salutations	43.3%	27.4%	29.3%	66	120	
Harvest Sunrise	44.7%	29.1%	26.3%	65	118	216

Tri-Fusion	47.3%	27.7%	24.9%	70	129
Golden Fortune	48.5%	27.2%	24.3%	63	116
Seaside Serenity	55.0%	24.5%	20.6%	71	131

POUCHES	Protein	Fat	Carbs	Calories (3.0 oz)
Good Karma	48.2%	27.7%	24.1%	70
Triple Harmony	47.3%	27.6%	25.0%	65
Luna Tuna	56.7%	30.0%	13.3%	65
Autumn Bounty	55.5%	28.4%	16.1%	61
Island Illusion	54.4%	29.1%	16.5%	59
Midnight Delight	49.4%	28.9%	21.7%	69

AS FED PERCENTAGE

As fed measures nutrients based upon their overall percentage in a formula.

CANS	Protein	Fat	Moisture	Ash	Carbs	Phos%	Sodium%	Mag%	Calcium%	Potass%	Fiber
Shrimply Divine	13.10%	2.20%	81.90%	1.10%	1.70%	0.21%	0.040%	0.020%	0.170%	0.160%	0.02%
Double Happiness	12.80%	2.30%	81.10%	1.20%	2.60%	0.22%	0.070%	0.020%	0.220%	0.170%	0.02%
Pure Bliss	12.90%	2.70%	78.50%	1.30%	4.60%	0.26%	0.050%	0.020%	0.210%	0.160%	0.02%
Aqua Grill	10.20%	2.90%	80.60%	0.90%	5.40%	0.18%	0.040%	0.020%	0.180%	0.150%	0.01%
Good Karma	12.40%	2.70%	78.90%	0.80%	5.20%	0.16%	0.050%	0.020%	0.150%	0.140%	0.02%
Nautical Nirvana	14.30%	2.70%	76.80%	1.10%	5.10%	0.23%	0.050%	0.020%	0.210%	0.190%	0.01%
Sweet Salutations	9.60%	2.50%	80.70%	0.70%	6.50%	0.16%	0.040%	0.010%	0.160%	0.120%	0.02%
Harvest Sunrise	9.70%	2.60%	81.20%	0.80%	5.70%	0.14%	0.040%	0.010%	0.140%	0.150%	0.04%
Tri-Fusion	11.20%	2.70%	79.10%	1.10%	5.90%	0.21%	0.080%	0.020%	0.220%	0.150%	0.02%
Golden Fortune	10.40%	2.40%	81.30%	0.70%	5.20%	0.17%	0.040%	0.010%	0.160%	0.140%	0.06%
Seaside Serenity	13.10%	2.40%	78.50%	1.10%	4.90%	0.22%	0.070%	0.020%	0.220%	0.160%	0.04%

POUCHES	Protein	Fat	Moisture	Ash	Carbs	Phos%	Sodium%	Mag%	Calcium%	Potass%	Fiber
Good Karma	11.40%	2.70%	79.50%	0.70%	5.70%	0.14%	0.050%	0.010%	0.150%	0.130%	0.02%
Triple Harmony	10.40%	2.50%	80.80%	0.80%	5.50%	0.18%	0.080%	0.020%	0.180%	0.130%	0.04%
Luna Tuna	12.40%	2.70%	80.80%	1.20%	2.90%	0.23%	0.050%	0.020%	0.190%	0.170%	0.07%
Autumn Bounty	11.40%	2.40%	82.00%	0.90%	3.30%	0.18%	0.040%	0.010%	0.180%	0.140%	0.07%
Island Illusion	10.90%	2.40%	82.40%	1.00%	3.30%	0.20%	0.070%	0.010%	0.200%	0.140%	0.08%
Midnight Delight	11.60%	2.80%	79.60%	0.90%	5.10%	0.18%	0.080%	0.020%	0.180%	0.130%	0.04%

DRY MATTER BASIS

Dry matter measures nutrients based upon their overall percentage in a formula after the moisture content has been removed.

CANS	Protein	Fat	Carbs	Phos	Sodium	Mag	Fiber
Shrimply Divine	72.4%	12.2%	9.4%	1.16%	0.22%	0.11%	0.11%
Double Happiness	67.7%	12.2%	13.8%	1.16%	0.37%	0.11%	0.11%
Pure Bliss	60.0%	12.6%	21.4%	1.21%	0.23%	0.09%	0.09%

Aqua Grill	52.6%	14.9%	27.8%	0.93%	0.21%	0.10%	0.05%
Good Karma	58.8%	12.8%	24.6%	0.76%	0.24%	0.09%	0.09%
Nautical Nirvana	61.6%	11.6%	22.0%	0.99%	0.22%	0.09%	0.04%
Sweet Salutations	49.7%	13.0%	33.7%	0.83%	0.21%	0.05%	0.10%
Harvest Sunrise	51.6%	13.8%	30.3%	0.74%	0.21%	0.05%	0.21%
Tri-Fusion	53.6%	12.9%	28.2%	1.00%	0.38%	0.10%	0.10%
Golden Fortune	55.6%	12.8%	27.8%	0.91%	0.21%	0.05%	0.32%
Seaside Serenity	60.9%	11.2%	22.8%	1.02%	0.33%	0.09%	0.19%

POUCHES	Protein	Fat	Carbs	Phos	Sodium	Mag	Fiber
Good Karma	55.6%	13.2%	27.8%	0.68%	0.24%	0.05%	0.10%
Triple Harmony	54.2%	13.0%	28.6%	0.94%	0.42%	0.10%	0.21%
Luna Tuna	64.6%	14.1%	15.1%	1.20%	0.26%	0.10%	0.36%
Autumn Bounty	63.3%	13.3%	18.3%	1.00%	0.22%	0.06%	0.39%
Island Illusion	61.9%	13.6%	18.8%	1.14%	0.40%	0.06%	0.45%
Midnight Delight	56.9%	13.7%	25.0%	0.88%	0.39%	0.10%	0.20%

MINERAL/100 KCAL

CANS	MG Phos/100 KCAL	MG Mag/100 KCAL	MG Potass/100 KCAL	MG Sodium/100 KCAL	MG Calcium/100 KCAL
Shrimply Divine	298	28	227	57	258
Double Happiness	300	27	231	96	321
Pure Bliss	309	24	190	60	267
Aqua Grill	227	25	189	51	243
Good Karma	189	24	166	60	190
Nautical Nirvana	253	22	209	55	247
Sweet Salutations	206	13	155	52	221
Harvest Sunrise	184	13	197	53	197
Tri-Fusion	254	24	181	97	284
Golden Fortune	227	13	187	54	228
Seaside Serenity	264	24	192	85	282

POUCHES	MG Phos/100 KCAL	MG Mag/100 KCAL	MG Potass/100 KCAL	MG Sodium/100 KCAL	MG Calcium/100 KCAL
Good Karma	169	12	157	61	194
Triple Harmony	234	26	169	105	251
Luna Tuna	301	26	222	66	266
Autumn Bounty	251	14	195	56	268
Island Illusion	285	14	200	101	305
Midnight Delight	219	24	158	98	234